

STAY AND PLAY



**Monday: 9:30-11:00 @ Cape Hill Children's Centre
9:30-11:00 @ Friar Park Children's Centre**

**Tuesday: 9:30-11:00 @ Hillside Children's Centre
1:00-2:30 @ Burnt Tree Children's Centre**

**Wednesday: 1:00-2:30 @ Cape Hill Children's Centre
1:00-2:30 @ Friar Park Children's Centre**

**Friday: 9:30-11:00 @ Cape Hill Children's Centre
10:00-11:15 @ Burnt Tree Children's Centre
1:00-2:30 @ Greets Green Children's Centre**


Turn up on the day and time of the session just as you used to! However, please note that places are limited and are on a first come first serve basis

Do you have a child 18 months and over?

Your local Children's Centres are providing Wellcomm language screenings.

Wellcomm is a Sandwell programme which we use between 18 months and 3 years to make sure a child's communication is progressing as it should. It is a short screening done by play, everyday interactions and looking at pictures. We feel by identifying a communication need early and providing that intervention before they go to school is most beneficial.

If you would like to arrange a screening, please contact 0121 588 5431

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Play Talk Read

These are FREE 6 week programmes that contain a variety of

Activities for you and your child to enjoy. You can select from one of the available

programmes; across Oldbury, Smethwick, West Bromwich and Wednesbury

Baby Massage, Little Sparklers, Junior Explorers
Messy Play, Music Magic, Communication Groups

Masks will still need to be worn and sessions are bookable and open to new families who have not accessed PTR within the last year


Places will be allocated on a first come first served basis due to limited availability and for families who haven't accessed PTR provision in the last year.

Only 1 adult to 1 child permitted, to register your

interest or ask for further information then please call:

0121 588 5431



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Parenting programmes

Please call Hillside Children’s Centre on 0121 588 5431 to find out more information and to book your place!

<p>Tuesday am Stepping Stones @Hillside Childrens Centre (face to face)</p> <p>Solihull @Burnt tree Childrens Centre (face to face)</p>	<p>Wednesday am Triple P - Virtual</p> 	<p>Thursday am Stepping Stones@ Cape Hill Children’s Centre (face to face)</p> <p>Solihull @Friar park Children’s Centre (face to face)</p>	<p>Friday am Teen Triple P- Virtual</p> <p>Triple P – Virtual</p> 
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Triple P is suitable for all parents & helps learn strategies that will support the challenges parents face. Supports boundaries, routines and clear calm parenting. 8 week programme Suitable for families with children up to 11 years

Teen triple to help support parents as their children grow. Supports the changes & challenges parents face and adapts strategies so they are more suitable for teenagers. 8 week programme that empowers parents. Suitable for families with children 11yrs +

Solihull Approach is a 10 week programme which aims to help parents to understand their child’s development, communication and emotional needs



Suitable for families with children 0-18years

Stepping stones Triple P for families with children with additional needs & disabilities . Provides adapted, understanding & inclusive strategies. 9 week programme

Family Support:

Support can be provided to families on a 1-1 basis helping you to deal with an array of issues such as routines, boundaries and behaviours. Support is for families with children aged 0-19 years old (25 years if SEND). For us to be able to support you and offer the right type support, when you contact we will take some further information to complete a referral form. This will allow us to sign post you in the right direction and allocate a worker to support you and your family.

To find out more information or to refer yourself in, please contact your local Children’s Centre.

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Volunteering

Do you have any spare time and are you interested in volunteering with Action for Children to gain experience?

Roles include: Interpreting, Early years, Administration, Grounds Maintenance, Community Engagement

NEW Health Walks Leader, Litterwatch & Telephone Befriending

Training and support offered whilst volunteering.

Contact your local Children's Centres for more information.



You can also take a look at volunteering opportunities on our website:
actionforchildren.org.uk/support-us/volunteer-with-us



Courses on offer:

- CUSTOMER SERVICE Level 1 & 2 (3 weeks)
- ESSENTIAL DIGITAL SKILLS (Level 1&2)
- HEALTH & SOCIAL CARE Level 2 SBWA(Online 3 Weeks)
- ENGLISH (FUNCTIONAL SKILLS) Level 2
- WAREHOUSING Level 1 & 2 (2 weeks) (with Forklift licence)
- CUSTOMER SERVICE Level 3 (3 weeks)
- TEAM LEADERSHIP Level 2 (3 weeks)
- BUSINESS ADMIN Level 1&2 (3 weeks)
- MATHS (FUNCTIONAL SKILLS) Level 2
- ICT Level 1&2 (3 weeks)
- HEALTH & SOCIAL CARE Level 2 SBW (Online 3 Weeks)
- CUSTOMER SERVICE Level 1 SWBA (1 weeks)
- ENGLISH (FUNCTIONAL SKILLS) Level 2



*Free online learning for adults in the West Midlands.
Skills Training UK is committed to continue supporting the local community with FREE online learning for eligible learners.*

**Contact your local Children's Centre for further information
and for course bookings**

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Bump and Beyond Scrapbook

Are you an expectant or new parent living in West Bromwich, Wednesbury, Smethwick or Oldbury?

If so, we are offering an exciting opportunity for you to claim your Bump and Beyond scrapbook.

This book will explain all the important information you need to know about your baby, from birth to 3 years as well as finding out what services are available within your local community. It will contain pages for you to add with photos/drawings and notes about your child to create wonderful memories and something that you can look back at for years to come.

Please scan the QR code below for your ticket and then take this to your local Children's Centre to claim your free scrapbook.



Advice Surgery

Advice Surgeries for support with benefits, employment, immigration, debt etc are available.

Contact your local Children's Centre for more information and to book an appointment

SENDIASS



SENDIASS is about providing confidential, impartial support and advice for parents, carers, children and young people (0 - 25 years) in relation to Special Educational Needs and Disability.

Contact us on **0121 500 4010** for more information

Health and Wellbeing

We can support you to make positive lifestyle changes with support and guidance whether it is to do with mental health, smoking, weight management etc. Please call us on any of our Children's Centres numbers and we will be able to refer you so that you will get the help you need.

Breastfeeding Network

Breastfeeding Network are still here to support you with their virtual Mama B.E.A.R.S groups. For more information or for the link for the virtual groups, please message their Facebook page (@breastfeedingsandwell) or contact BFN on 07505775357.

Antenatal Changes

To book on to the FREE three week antenatal course, please call 0800 011 46 56 or alternatively book your place online by visiting www.bookwhen.com/changes

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Working Together With Families

Working Together with Families is a new Action for Children service offering 22 weeks of intensive support to families for early intervention where there are concerns about neglect.

The programme is for single agency/early help cases where there has been no previous involvement at CIN and CP level. The service covers all 4 towns – West Bromwich, Smethwick, Wednesbury, and Oldbury. The types of support provided is hands on practical support with improving home conditions, putting routines in place to help with getting to school on time, hand holding to appointments for the children and parents.

*We use the Graded Care Profile 2 as a tool to further assess the situation which is completed with the family and action plans are put in place to work out the support needed and how that will be achieved. Please contact **Kayte Cronin** on **07753689930** or **contact your local Children's Centres** on the numbers below for any queries.*

Children's Centres contact details:

Burnt Tree Children's Centre, 20-25 Tividale Street, DY4 7SD: 0121 557 0740

Greets Green Children's Centre, off Claypit Lane, B70 9EZ: 0121 500 4011

Hillside Children's Centre, Connor Road, B71 3DJ: 0121 588 5431

Cape Hill Children's Centre, Corbett Street, B66 3PX: 0121 555 6756

Friar Park Children's Centre, Dorsett Road, WS10 0JG: 0121 556 5405

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